

COURSE DESIGN
FOR
ADD-ON COURSE
EMPOWERMENT OF WOMEN IN WEST BENGAL

Sl. No.	Title	EMPOWERMENT OF WOMEN IN WEST BENGAL
	Course Objective	<ul style="list-style-type: none"> ➤ The students will learn about women empower movement in West Bengal, India and global context. ➤ They will learn about challenges faced by women in society and work-field. ➤ They will learn about various legal assistance to protect women. ➤ They will learn about of laws protecting women's rights in India and West Bengal ➤ They will learn about health challenges faced by women in West Bengal ➤ They will learn about role of women in local governance ➤ They will learn challenges faced by women in the workforce ➤ They will learn about gender-based violence: Domestic violence, sexual harassment, trafficking etc. ➤ They will learn about historical and contemporary women's rights movements in West Bengal
	Programme Highlights	Feminist movement, violence against women, laws acts , NGOs, etc.
	Faculty	Coordinator: Farmuz Sekh (Assistant Professor in History) Internal Teachers Guest Teachers and experts
	Course Fee	NIL
	Intake capacity	30
	Course duration	30 Hours
	Course Content	Annexture-1
	Course Outcome	<ul style="list-style-type: none"> ➤ The students have learnt the meaning of Empowerment and Women empowerment. ➤ They have learnt about status of women (in historical sense) in West Bengal. ➤ They have learnt about status of women empowerment in global context. ➤ They have learnt about of laws protecting women's rights in India and West Bengal ➤ They have learnt about health challenges faced by women in West Bengal ➤ They have learnt about role of women in local governance ➤ They have learnt challenges faced by women in the

		<p>workforce</p> <ul style="list-style-type: none"> ➤ They have learnt about gender-based violence: Domestic violence, sexual harassment, trafficking etc. ➤ They have learnt about historical and contemporary women's rights movements in West Bengal.
	Assessment process	<ul style="list-style-type: none"> a) Attendance b) Continuous assessment in theoretical and/or practical classes c) Written test

COURSE DESIGN
FOR
ADD-ON COURSE
EMPOWERMENT OF WOMEN IN WEST BENGAL

Module no	Course title & syllabus	Hours
1	<p>**Class 1: Introduction to Women's Empowerment**</p> <ul style="list-style-type: none"> - Historical overview of women's status in West Bengal - Key concepts: empowerment, gender equality, and women's rights - Discussion: Why is women's empowerment important in West Bengal? <p>**Class 2: Global Perspectives on Women's Empowerment**</p> <ul style="list-style-type: none"> - Comparative analysis of women's empowerment efforts across the globe - International conventions and frameworks for gender equality - Debate: Are there universal approaches to women's empowerment? <p>**Class 3-4: Socio-Economic Status of Women**</p> <ul style="list-style-type: none"> - Analyzing the socio-economic status of women in West Bengal - Factors influencing empowerment: education, employment, and income - Case studies and group discussions on successful empowerment initiatives <p>**Class 5-6: Legal Framework for Women's Rights**</p> <ul style="list-style-type: none"> - Overview of laws protecting women's rights in India and West Bengal - Understanding legal mechanisms for addressing gender-based violence - Guest speaker: Legal expert or NGO representative working on women's rights 	06
2	<p>**Class 7-9: Gender and Education**</p> <ul style="list-style-type: none"> - Gender disparities in education: Enrollment, dropout rates, and literacy - Strategies for promoting girls' education and vocational training - Role-playing: Advocating for equal access to education in a simulated scenario <p>**Class 10-12: Women's Health and Well-being**</p> <ul style="list-style-type: none"> - Health challenges faced by women in West Bengal - Access to healthcare services and reproductive rights - Interactive session: Health awareness workshop or yoga and 	06

	meditation session	
3	<p>**Class 13-14: Political Participation and Leadership**</p> <ul style="list-style-type: none"> - Women in politics: Representation and participation - Role of women in local governance (Panchayati Raj) - Workshop on leadership skills and public speaking <p>**Class 15-16: Women in the Workforce**</p> <ul style="list-style-type: none"> - Labor force participation and occupational segregation - Challenges faced by women in the workforce - Panel discussion: Women entrepreneurs and professionals sharing their experiences <p>**Class 17: Gender-Based Violence**</p> <ul style="list-style-type: none"> - Forms of gender-based violence: Domestic violence, sexual harassment, trafficking - Support systems for survivors: Shelters, helplines, and legal aid - Film screening and discussion on gender-based violence awareness <p>**Class 18: Intersecting Identities: Caste, Class, and Religion**</p> <ul style="list-style-type: none"> - Intersectionality: Understanding how multiple identities impact women's empowerment - Challenges faced by marginalized women: Dalits, Adivasis, and religious minorities - Group discussions and case studies 	06
4	<p>**Class 19: Media Representation and Stereotypes**</p> <ul style="list-style-type: none"> - Representation of women in media: Stereotypes and challenges - Role of media in shaping attitudes towards gender - Media literacy workshop: Analyzing advertisements and popular culture <p>**Class 20: Technology and Women's Empowerment**</p> <ul style="list-style-type: none"> - Digital gender gap: Access to technology and digital literacy - Role of technology in empowering women: Case studies and examples - Hands-on session: Basic computer skills training or introduction to coding <p>**Class 21-22: Empowerment Through Arts and Culture**</p> <ul style="list-style-type: none"> - Women's contribution to art, literature, and cultural heritage in West Bengal - Art therapy workshop or creative writing session - Guest speaker: Female artist or cultural activist sharing their journey <p>**Class 23-24: Workshops and Skill-building Sessions**</p> <ul style="list-style-type: none"> - These classes can be dedicated to workshops and skill-building sessions based on the interests and needs of the participants. Examples include: 	06

	<ul style="list-style-type: none"> - Financial planning and budgeting - Self-defense and personal safety - Public speaking and assertiveness training - Resume writing and job interview skills 	
5	<p>**Class 25: Environmental Sustainability and Women's Role**</p> <ul style="list-style-type: none"> - Linkages between gender, environment, and sustainable development - Case studies of women-led environmental initiatives - Group project: Designing a sustainability campaign <p>**Class 26: Entrepreneurship and Financial Literacy**</p> <ul style="list-style-type: none"> - Women entrepreneurship: Opportunities and challenges - Financial literacy and access to credit for women - Business plan development workshop <p>**Class 27: Role of NGOs and Civil Society**</p> <ul style="list-style-type: none"> - Contribution of NGOs and civil society organizations to women's empowerment - Grassroots initiatives and community mobilization - Guest speaker: Representative from a local NGO sharing their work <p>**Class 28: Women's Rights Movements in West Bengal**</p> <ul style="list-style-type: none"> - Historical and contemporary women's rights movements in West Bengal - Key activists and their contributions - Role-play: Simulating a protest or advocacy campaign 	04
6	<p>**Class 29: Reflection and Action Planning**</p> <ul style="list-style-type: none"> - Reflection session: Participants share their key learnings and insights from the course - Action planning: Setting personal and collective goals for promoting women's empowerment in their communities <p>**Class 30: Closing Ceremony**</p> <ul style="list-style-type: none"> - Certificate distribution and celebration of achievements - Inspirational talk or performance by a prominent woman leader - Networking session: Participants exchange contact information and continue discussions beyond the course 	02
8	<p>Activities</p> <p>(A)attendance 5marks</p> <p>(B)Test exam 30 marks</p>	

Throughout the course, it's essential to create a safe and inclusive learning environment where participants feel empowered to share their experiences and perspectives. Encourage active participation, critical thinking, and collaborative learning to maximize the impact of the course on women's empowerment in West Bengal.

